

**WHIDBEY ISLAND INTERNAL MEDICINE**  
**ANNUAL PREVENTATIVE EXAMINATIONS**

Good health care can be promoted by performing an annual health maintenance exam or a preventative evaluation. The annual exams consist of:

- A review of your general health
- Any new health issues,
- Review all of your medications and your vaccinations
- A general physical exam

Your insurance may not pay for such an annual exam or may pay for only a small portion of such an exam. We do not base our care on what an insurance company will pay, but rather on what is good medical care.

During your exam we may identify specific medical issues and deal with them in addition to the preventative annual examination. For example, adjusting medications for a chronic condition or making a referral for a complex medical issue is not part of the annual examination. In this situation, we will submit this evaluation and management component in addition to the annual exam to your insurance. Please keep in mind this may also be relevant to lab tests ordered prior to your annual exam. A test ordered specifically for a known medical problem cannot be ordered as “screening”.

This office will not code or bill an examination differently in order to obtain payment. Please do not ask us to disguise an annual exam as a problem oriented visit in order to receive reimbursement from your insurance. This is considered insurance fraud and is illegal.

This office will submit claims to insurances for the collection of blood samples and Pap smears which are sent to outside labs. Those labs will submit separate claims for the actual processing of those tests and will be billed separately.

**I have read this statement and understand that this visit will be billed as preventative care and that my insurance may not cover this service. I understand that additional charges may be submitted for actual management of specific medical problems. I agree I am responsible for all charges not paid for by my insurance company.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_